



LifeWise Academy – Alumni

The **LifeWise Academy** program provides academic enrichment, social-emotional support, life skills and job readiness activities to at-risk teens during a critical period of development so that they are better prepared for a post-secondary institution and/or the workforce. Upon graduation, LifeWise Academy continues to provide scholars with support through their Alumni program.

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| Academic Support – | tutoring, academic classes, one-on-one academic advising sessions, study skills and goal-setting workshops |
| Job Readiness – | employment skills training, financial literacy education, employment application assistance, mock interviews, career exploration workshops, one-on-one career advising sessions |
| Enrichment Activities – | community service learning, Wyman© Teen Outreach Program, health and nutrition education, ACT test prep, college visits, field trips, post-secondary institution application assistance, financial aid and scholarship application assistance, violence and pregnancy prevention workshops, substance abuse education |

Suggested Donations

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| <ul style="list-style-type: none"> • pens • highlighters • deodorant • shaving gel • feminine hygiene products • lotion • Kleenex packets • Emergen-C • planners • gift cards | <ul style="list-style-type: none"> • words of encouragement • non-perishable snacks – examples: granola bars, Snickers, Kit Kats, Starburst • inspirational books – examples:
 <i>Dare to Lead</i> (Brene Brown)
 <i>I Thought It Was Just Me</i> (Brene Brown)
 <i>Brave</i> (Rose McGowan)
 <i>Imperfect Courage</i> (Jessica Honegger)
 <i>Girl, Wash Your Face</i> (Rachel Hollis) |
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