



## LifeWise Academy

The **LifeWise Academy** program provides academic enrichment, social-emotional support, life skills and job readiness activities to at-risk teens during a critical period of development so that they are better prepared for a post-secondary institution and/or the workforce.

- Academic Support – tutoring, academic classes, one-on-one academic advising sessions, workshops on study skills and goal-setting
- Job Readiness – employment skills training, financial literacy education, employment application assistance, mock interviews, career exploration workshops, one-on-one career advising sessions
- Enrichment Activities – community service learning, Wyman© Teen Outreach Program workshops, health and nutrition education, ACT test preparation, college visits, field trips, post-secondary institution application assistance, financial aid and scholarship application assistance, violence and pregnancy prevention workshops, substance abuse education

## Suggested Donations

- khaki pants
- polo shirts (red, white, black, blue)
- ankle socks
- dress shoes
- black pens
- mechanical pencils
- calculators
- sticky notes
- breakfast/protein bars
- hot chocolate packets
- tea bags
- chocolate
- candy – Starburst, Kit Kat
- chips, Hot Cheetos
- gift cards