



LifeWise Academy – Alumni

The **LifeWise Academy** program provides academic enrichment, social-emotional support, life skills and job readiness activities to at-risk teens during a critical period of development so that they are better prepared for a post-secondary institution and/or the workforce. Upon graduation, LifeWise Academy continues to provide scholars with support through their Alumni program.

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| Academic Support – | tutoring, academic classes, one-on-one academic advising sessions, study skills and goal-setting workshops |
| Job Readiness – | employment skills training, financial literacy education, employment application assistance, mock interviews, career exploration workshops, one-on-one career advising sessions |
| Enrichment Activities – | community service learning, Wyman© Teen Outreach Program, health and nutrition education, ACT test prep, college visits, field trips, post-secondary institution application assistance, financial aid and scholarship application assistance, violence and pregnancy prevention workshops, substance abuse education |

Suggested Donations

- pens
- highlighters
- deodorant
- shaving gel
- feminine hygiene products
- lotion
- Kleenex packets
- Emergen-C
- planners
- gift cards
- words of encouragement
- non-perishable snacks – examples: granola bars, Snickers, Kit Kats, Starburst
- inspirational books – examples:
 - Dare to Lead* (Brene Brown)
 - I Thought It Was Just Me* (Brene Brown)
 - Brave* (Rose McGowan)
 - Imperfect Courage* (Jessica Honegger)
 - Girl, Wash Your Face* (Rachel Hollis)