

## **LifeWise Academy**

LifeWise Academy equips teens with academic enrichment, social-emotional support, life skills, and job readiness during pivotal developmental years, preparing them for higher education and the workforce. Serving 9th to 12th graders primarily from south-side St. Louis City neighborhoods, we uniquely prioritize inclusion by embracing students across all academic performance levels.

Our multifaceted program offers a wide array of services. These include academic support like tutoring, SMART goal-setting, and ACT test preparation. Enrichment activities range from college visits and dance sessions to vital workshops on substance abuse, violence prevention, and financial literacy. Additionally, we emphasize real-world readiness through career exploration, mock interviews, and summer employment opportunities. Integral to our approach is fostering emotional well-being; students benefit from mental health sessions, empowerment programs, and consistent guidance from Teen Advisors, ensuring a holistic developmental experience.

## Wish List

- black pens
- mechanical pencils
- breakfast bars
- protein bars
- hot chocolate packets
- chocolate
- toothbrushes
- toothpaste

- underwear
- socks
- Dove body wash (men's & women's)
- Dove deodorant (men's & women's)
- Dove shampoo & conditioner
- Dove or Jergens lotion
- beanbag chairs
- gift cards Amazon or Walmart

## **Contact Us**

To ensure that your donation is directed to your desired program, please reach out to Katie Minster, Director of LifeWise Academy, at kminster@lifewisestl.org or 314-260-6398 prior to donating. Thank you!