

LifeWise StL



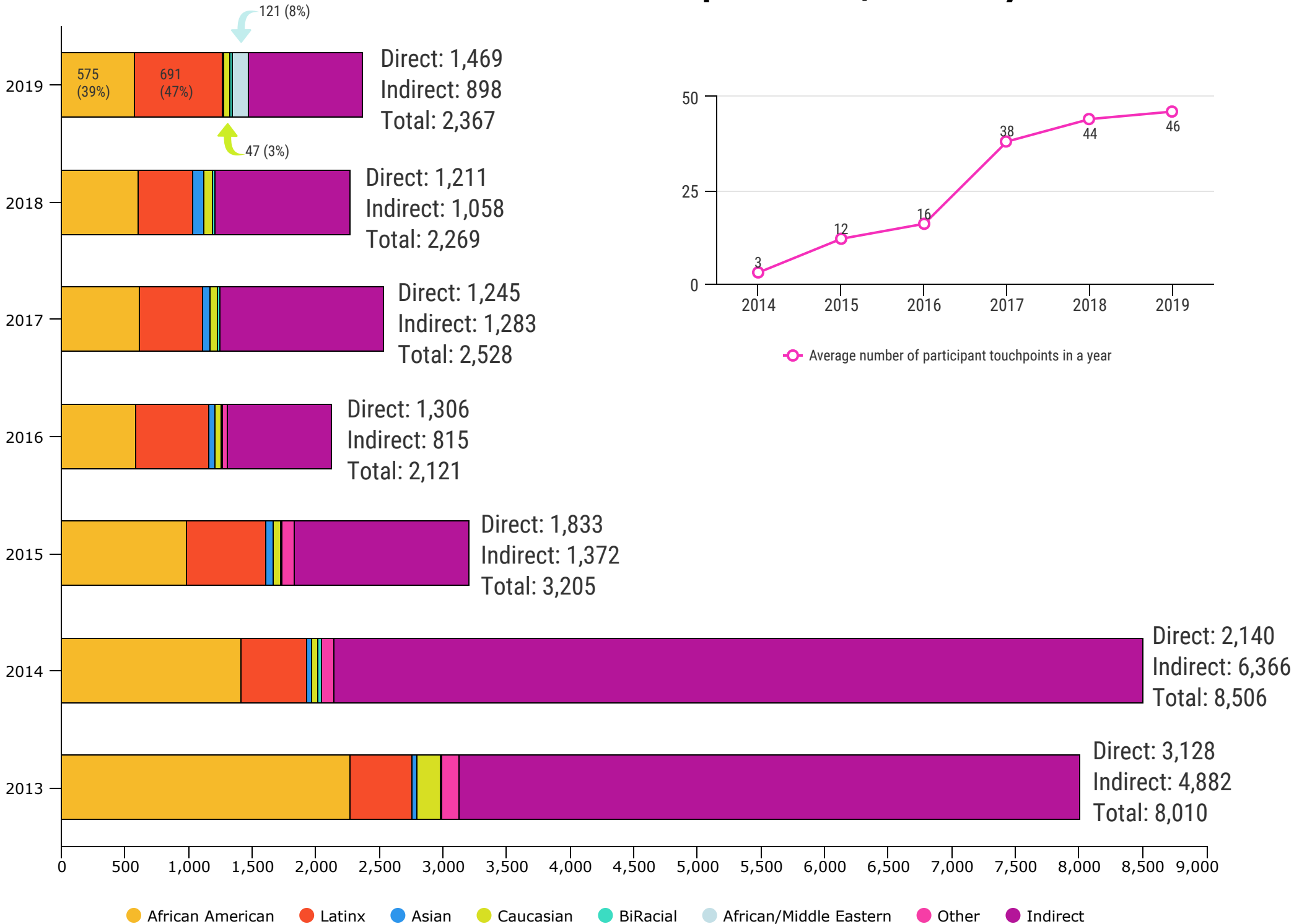
PARTICIPANT

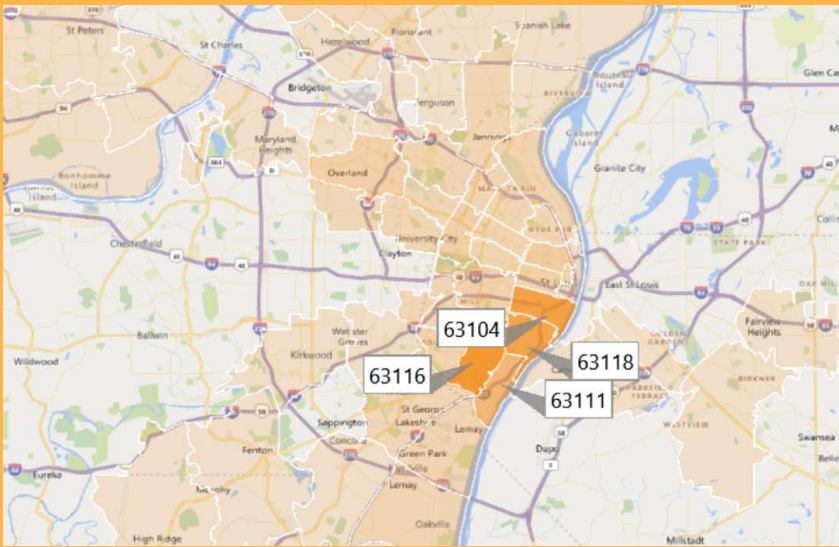
Year

2019

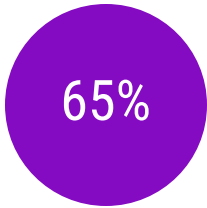
In Review

Participant Race/Ethnicity 2013-2019



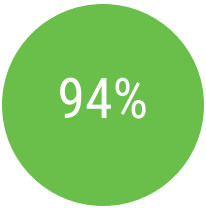


89% of families served live in St. Louis City
 66% live in zip codes 63116, 63104, 63118, 63111



of participants identify as women

are the heads of household



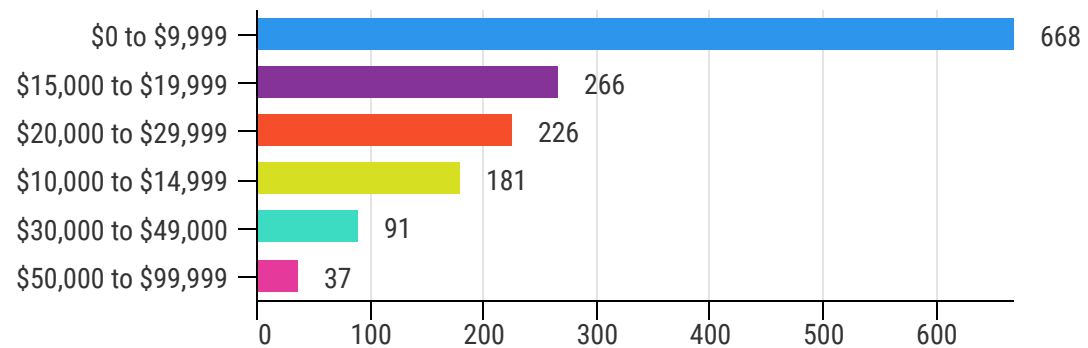
45% of participants are under the age of 18
 42% of participants are between 18 and 55
 12% of participants are over 55 years of age

We serve 13% of LifeWise families multi-generationally

Our mission is to help individuals and families achieve economic well-being by providing high-impact, relationship-based programming and by addressing systemic barriers to their success.

Last year, more than **500 families** improved their economic well-being by increasing their skills, social capital, and financial resources.

Annual Income (participant)



Program Outcomes

Early Childhood Center

- 30/33 (91%) children tested as ready to enter kindergarten
- 124/144 (86%) children met or exceeded age-appropriate developmental milestones

Youth Development

- 43/53 (81%) youth tested proficient in reading
- 18/18 (100%) graduating seniors enrolled in job training, college, or vocational training

Mental Health Integration

- 36/46 (78%) youth increased coping, stress management and resiliency skills
- 45/65 (69%) perinatal women experienced fewer mental, emotional and/or behavioral symptoms

Health & Wellness

- 85/90 (94%) women developed/maintained a physically active lifestyle
- 105/109 (96%) gained knowledge about healthy lifestyles and physical health conditions

Economic Mobility

- 56/56 (100%) participants that were formerly credit invisible have established a credit score
- 114/154 (74%) participants increased income, savings, and/or assets.

Senior Programming

- 121/148 (82%) senior adults remained in/transitioned to an improved, stable living situation
- 40/40 (100%) senior adults increased income, savings and/or assets

Supportive Services

- 1160/1160 (100%) participants had immediate basic needs met
- 33/33 (100%) participants gained knowledge about pertinent legal rights and obligations
- 17/24 (71%) ESOL students improved listening and spoken language abilities