

2021 Highlights



1219

Direct Participants*
(19% increase from 2020)



5075

Indirect Participants**



700+

Households participated*



6176

volunteer hours provided
by **1383** individuals
(decreased due to COVID)



\$201,000

Raised for vans and a
garage (Build-a-Thon)

Working Towards our Vision

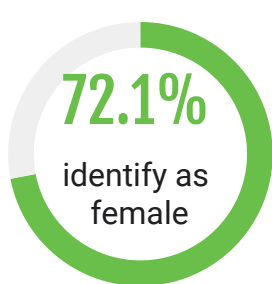
A few of the ways we **increased community access** to services and **addressed systemic barriers include:**

- offering on-site youth mental health therapy at St. Cecilia School and hiring an additional bilingual mental health therapist for adults
- adding two new Economic Wellness staff positions to meet the increased demand and providing services at Kirkwood United Methodist Church to support the Meacham Park Community
- obtaining new funding that expands Senior Resiliency Fund eligibility into St. Louis County, previously limited to City residents

We provided **thought leadership** and **expanded influence** through:

- providing Urban Forum, a professional social justice education program, to **23** school, non-profit, corporate, and church groups
- consultation and technical assistance with other organizations with similar goals

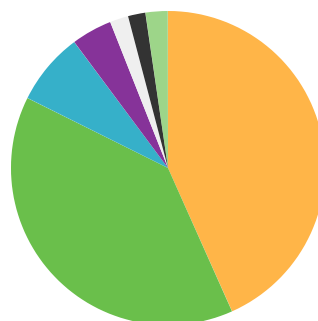
Participant Demographics



Age

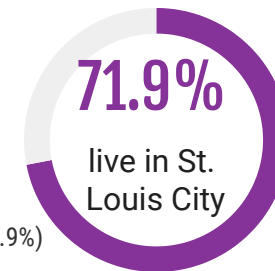
Range: 6 wks to 103 yrs

- 0-18 (27.1%)
- 19-34 (21.5%)
- 35-54 (28.6%)
- 55+ (22.8%)



Race/Ethnicity

- African American/Black (43.3%)
- Hispanic/Latino (39.0%)
- Caucasian/White (7.5%)
- African (North, West, East, South) (4.2%)
- Asian (Central, South, East, Southeast) (1.9%)
- BiRacial/MultiRacial (1.8%)
- Unknown/Other (2.3%)



52.6% live in 4 zip codes: 63116, 63118, 63104, and 63111

*Direct participants engage in meaningful relationship-based programming

**Indirect participants engage in one-time or less intensive programming



Emotional and Physical Wellness

Our Emotional and Physical Wellness (EPW) staff strive to fully integrate emotional and physical wellness into the everyday lives of participants and staff. They support participants of all ages in taking meaningful steps toward their goals through collaborative, accessible workshops and one-on-one coaching. Programming encompasses a range of mental and emotional well-being, fitness, nutrition, and free health screenings via community partnerships.



100%

of our 56 perinatal mental health participants gained knowledge, skills, and support for positive parenting.



83%

of perinatal mental health participants experienced fewer mental, emotional, and/or behavioral symptoms



271

Fitness and Nutrition classes were offered in 2021 averaging 10+ participants each

Senior Programming

Senior programming promotes social connections among adults 55+ while building knowledge, skills, and savings accounts. We are grateful for our senior participants who share knowledge, time, and experiences with their peers and families.

97%

of the 114 Senior Companion Program (SCP) participants remained in their homes thanks to support from over 40 volunteers.

100%

of the 30 volunteers survey respondents reported feeling a sense of belonging and increased knowledge of community resources.

Senior Programming and Economic Wellness staff collaborate to offer the Senior Resiliency Fund (SRF) program. SRF participants are included among Economic Wellness outcomes.

Youth Educational Programming

The Early Childhood Center

was open **every business day** throughout 2021 with the exception of a one day all-staff retreat.

- **82%** children screened met social/emotional development milestones
- **99%** of 109 participants received age appropriate vaccines. 1 child was exempt



325 Youth

were served through the Early Childhood Center and Youth Development programming.

Despite many COVID-related challenges, we offered year-round educational opportunities and support services for youth.

Academy Scholars

(high schoolers) participated in a new enrichment activity, **rock climbing**. In addition to physical benefits, scholars were empowered through achieving goals, creative problem solving, understanding and overcoming fear, communication skills, and teamwork.

100%

of our 13 high school seniors graduated

92%

(12 of the 13) graduates were accepted into higher learning institutions. The remaining scholar has career training plans.

85%

of scholars tested through Freedom School Summer Camp **maintained or increased reading levels**-higher than the national average. **No summer slide!**

37

scholars participated in both Freedom School and School Year programming



2

full-time youth mental health therapists have supported youth participants and alumni through pandemic stress and related mental health symptoms.

480

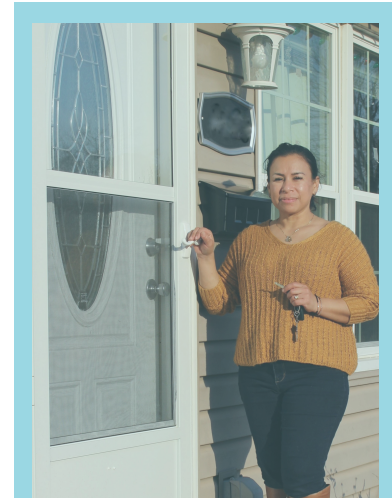
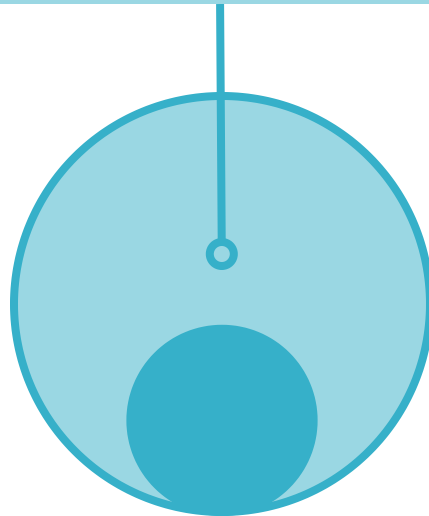
children benefitted from our low-cost City Harvest Market and Bodega

Economic Wellness Highlights



Economic wellness staff provide age appropriate financial education, coaching, and matched savings programs across the lifespan.

510 participants
2x any previous year's participant count



6
Participants purchased homes



317

Lending Circle participants. That's 53 times the size of our first group in 2018!



33

point credit score increase on average for lending circle participants



100%

of the **88** formerly credit invisible participants are now credit visible!



245

individuals utilized matched savings