

2025 Year in Review

Our Mission

To help individuals and families achieve economic well-being by providing high-impact, relationship-based programming and by addressing systemic barriers to their success.



Transforming Lives...

LifeWise StL provides educational programming fused with personalized and supportive coaching. Participants enroll in stacked programming and take measurable steps to better their futures every day. Take the illustration of Mamá's family for example:



Plus...

Mamá's school-age children improve their reading and get help with their homework at our Young Scholars after school program.

Weekly, Mamá purchases low-cost groceries and household supplies at our City Harvest Market and Bodega.



1,244

participants engaged in our high-impact programs in 2025, impacting **3,267** people.

Youth Programs



By the Numbers...

96% of Early Childhood students met or exceeded developmental milestones for literacy (up from 68% in Fall of 2024)

LifeWise invested **\$10,000** in the futures of 10 early childhood youth whose parents opened child saving accounts this year

97% of Freedom School scholars surveyed felt more confident in their ability to achieve in their school work

17 LifeWise Academy students opened a matched savings account to save for their future after high school

100% of LifeWise Academy seniors graduated from high school, with the majority pursuing college

106 check-ins to support LifeWise Academy Alumni as young adults



97 Early Childhood students

59 Young Scholars

122 Freedom School students

60 LifeWise Academy teens

59 Matched Savings Accounts









“ Before when I thought about my long-term goals I thought too broadly and didn’t think about the specifics. Now when I think of college and planning for the future, it is much more in depth and I have a better understanding of what I need to do.”
– Academy scholar



“ I was originally struggling... Meeting new students and working with them made me more outgoing and now I have a support system.”
– Academy scholar



Adult Programs

In 2025...	Vehicles Bought	Homes Purchased	Home Repairs	Medical Expense	Businesses Started	Education Expenses
	7	2	7	1	2	1
Since 2015...						
	46	28	30	1	17	6

89 Individual Therapy participants

75 Emotional Wellness Group participants

570 Lending Circle accounts

58 Microloans rewarded

279 Matched Savings accounts

By the Numbers...

94% of adults who completed 6+ therapy sessions experienced an improvement in their mental health.

44 credit-invisible Lending Circle participants established an average credit score of 655, and participants **average credit score increased 38 points.**

\$28,180 offered as low-interest loans to stop evictions and secure stable housing.

Economic Wellness participants **increased their wealth by \$102,194** through matched savings.

\$164,834 of aid provided to victims of the May 16 tornado

In partnership with the City of St. Louis and the United Way, LifeWise StL is providing **Disaster Case Management for older adults** (age 60+) in the tornado impacted area. LifeWise StL hired 2 full-time case managers and 1 case supervisor, with several more hires planned. Much of the recovery work will be done in 2026.

Senior Programming

78 older adults **increased their wealth by \$20,891** through our Senior Resiliency Fund matched savings

93 older adults found friendship with our **42 Senior Companion volunteers**

95% of SCP clients remained in their homes thanks to the support of our Senior Companions

Support Services



In addition to programs, LifeWise StL provides wraparound services to support participant and non-participant families in various aspects of well-being.



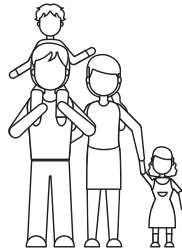
4,619

Visits to the City Harvest Market & Bodega



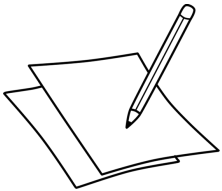
100+

ESOL Weekly English Language Classes for non-native speakers



10,400

Dinners cooked and delivered to Haven Street Meal Ministry



107

Referrals provided by the Community Care Liaison to support family stability



271

Youth received new shoes & backpacks stocked with school supplies at our Back 2 School event



163

Families shopped our low-cost Holiday Market in 2025, impacting roughly 700 individuals

12,614

Volunteer hours served at LifeWise StL.

714

individuals spent **1,699** hours learning about poverty, food insecurity, racism, and more through our Urban Forum service learning program, which provides professional guidance in social justice education.

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